



The Enneagram
Institute
Authorized Workshops

The Wisdom of the Enneagram

*presented by
Explorations of the Enneagram*

Please See Our Calendar
For Current Dates and Locations

The Enneagram opens a window beyond the world of personality ~~~

allowing us to better see and understand ourselves and the other people in our lives.

Through the Enneagram, seeing patterns of motivation and perspective on the world, brings insight on Nine significantly different personality types. We begin to see more clearly why we do what we do and how our thoughts and emotions affect our experience of Life.

Eventually, as our understanding deepens, the Enneagram reveals the relationship between our personality - the ordinary everyday sense of who we are - and our Essence, our Essential Self.

We can discover much more about Who we truly ARE.

This Workshop is about that discovery:

- How to use the Enneagram as a spiritual tool for our own personal journey.
- How to "wake up" from our personality trance, to be in more meaningful contact with ourselves and others.
- How to bring our higher essential qualities and virtues into our daily lives.

We will focus primarily on the spiritual gifts of each type and look at the personality types as nine distinct aspects of human nature that can be found in all of us, regardless of our own temperament type.

Come join us to find more effective ways of using the Enneagram for your Inner Work and to explore the underlying meaning and Wisdom of the Enneagram.

In this workshop we will be using cognitive presentations in combination with interactive exercises, meditation and music that give the participants a multi-dimensional experience of each Type.

Participation in this workshop is open to anyone interested in the Enneagram and its applications and prior knowledge is not necessary. We recommend reading *The Wisdom of the Enneagram* by Don Riso and Russ Hudson.

Facilitators Liz Blackford and Judy Cardoza are certified teachers with the Enneagram Institute and have been working with the Enneagram for two decades. Additionally Judy is certified with Hurley and Donson and Elizabeth with Palmer and Daniels. Please join us in this joyful and heartfelt journey in exploring the Enneagram and moving beyond the personality.

CEU's: This course meets the requirements for 14 hours of Continuing Education Credit for **MFT's** and **LCSW's** as required by the California Board of Behavioral Sciences.

Provider Name: **Explorations of the Enneagram** - Provider Number: **PCE 4910**.

The Authorized Riso Hudson Workshops constitute a standardized core curriculum. They are developed by Don Riso and Russ Hudson, leading authors and teachers of the Enneagram, and are produced in affiliation with the Enneagram Institute.

Workshop Details:

Dates: Please see Our Calendar on this web site using the link below.

Time: Saturday & Sunday 9:00 AM to 5:30 PM each day

Place: Palo Alto, CA Area or Albuquerque, NM

Fees: TBA -- Early Bird discount: TBA (Registration **two weeks prior** to the workshop)

Couples, Colleagues, Families registering together - TBA per person

Note : In case of cancellation: Refunds in full minus \$20 up to one week prior to the workshop
There will be no refunds within 1 week of the workshop.

For future dates of this workshop: [View our Calendar](#)

For additional description of this workshop: [View our Catalog](#)

For more information:

Phone Toll Free 877-397-0222

or E-mail: info@explorationsofenneagram.com.

*Thank you very much,
Liz and Judy*

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