

explorations of the **enneagram**

Annotated Bibliography

The Wisdom of the Enneagram – Don Riso and Russ Hudson

This is the book to which we most often refer and the one we recommend most often. Riso and Hudson integrate the psychological and spiritual aspects of the Enneagram and include practical methods for personal growth. Type questionnaires are included.

Personality Types: Using the Enneagram for Self-Discovery – Don Riso and Russ Hudson

In this complete text of Enneagram theory and type descriptions, the authors present the Core Dynamics, which give the specific motivations, attitudes, and basic fears and desires at each of the Levels of Development for each type.

Understanding the Enneagram: The Practical Guide to Personality Types – Don Riso and Russ Hudson

In addition to the excellent personality profiles, the reader can find sections on practical daily applications, recommendations for personal growth, common misidentifications of the points, psychiatric correlations and a discussion of the Centers.

The Essential Enneagram – David Daniels, M.D. and Virginia Price, Ph.D.

Excellent and concise descriptions of each type are based on the Basic Proposition for each one. Of note is a section on differentiation of types and a type questionnaire.

The Enneagram – Helen Palmer

Palmer offers an in-depth discussion of the background of the Enneagram and detailed descriptions of each of the types. Of particular interest is the discussion of the intuitive style of each type.

My Best Self: Using the Enneagram to Free the Soul – Kathy Hurley and Theodorre Donson

The authors trace the relationship of each Enneagram type to its Repressed Center of Intelligence and provide a helpful description of the role of each Center.

What Type of Leader are You – Ginger Lapid-Bogda

This is an excellent book for business applications, and is recommended for anyone interested in Enneagram material for leadership development.

The 9 Ways of Working: How to Use the Enneagram to Discover Your Natural Strengths and Work More Effectively – Michael Goldberg

Goldberg includes many illustrative anecdotes as well as an interesting discussion of different business cultures viewed through the Enneagram lens.

The Enneagram Made Easy – Renee Baron and Elizabeth Wagele

This is a delightful and easy to read introduction to the Enneagram, which includes humorous illustrations.